

## **Respect, equality, and power: A social psychological perspective**

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In this article I outline a principled social psychological approach to respect. As a first definitional approximation, I suggest that respect for someone involves the willingness to include that person as a factor in the psychological equation underlying self-regulation. I then review and discuss the fairly recent, but thriving, career of the notion of respect in social psychological research, with particular emphasis on intragroup respect. Next, I turn to conceptual specification and purification necessary for a principled approach to respect and discuss promising efforts to identify the critical social psychological principle or active ingredient of respect. In particular, I make out a case for an equality-based conception of respect in which recognition as an equal plays a central role. The final section examines further theoretical and practical implications of this conception including its relation and relevance to issues of social power.